

# Why should I be afraid?

## Psalms 27:1-14

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### 1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

### 2 Digest

Answer from what the passage actually says — stay in the text.

#### 1. What does this passage show me about God?

*What does David call the Lord in the opening verses, and what one thing does he ask for above everything else?*

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#### 2. What does it show me about people — and about myself?

*David says even if an army besieges him his heart will not fear. What feels like it is besieging you?*

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#### 3. What will I obey this week? (a concrete step, with a day)

*How will you 'wait for the Lord' this week instead of acting out of fear?*

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#### 4. Who will I tell?

*Who could you invite to read this psalm with you this week?*

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### 3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

### ✦ Pray

*Lord, you are my light and my salvation — whom shall I fear?  
When my heart wants to run, teach me to seek your face and  
to wait for you.*



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