

What can separate us?

Romans 8:31-39

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What things does Paul list that cannot separate us from God's love, and which ones surprise you?

2. What does it show me about people — and about myself?

Which thing — on Paul's list or off it — do you secretly fear could cut you off from God?

3. What will I obey this week? (a concrete step, with a day)

This week, when that fear comes back, what line from this passage will you answer it with?

4. Who will I tell?

Who feels cut off from God, and how could you tell them that nothing can separate them from his love?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Father, if you are for me, who can be against me? Convince my heart that nothing — not even the thing I fear most — can separate me from your love in Christ Jesus.



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