

Jesus calms the storm

Mark 4:35-41

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus do about the storm, and what two questions does he ask his disciples?

2. What does it show me about people — and about myself?

What storm has you feeling like the disciples — certain you are going under while God seems asleep?

3. What will I obey this week? (a concrete step, with a day)

This week, when panic rises, how will you bring your storm to Jesus instead of just bailing water?

4. Who will I tell?

Who could you tell about the one whom even the wind and the waves obey?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6-7).

★ Pray

Jesus, the storm around me is loud, but you are in the boat with me. Speak your 'peace, be still' over what I cannot control.



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