

David and Goliath

1 Samuel 17:4-11

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does David say to Goliath about whose battle this is, and what does he trust in instead of sword and armor?

2. What does it show me about people — and about myself?

What 'Goliath' are you facing right now that feels far too big for you?

3. What will I obey this week? (a concrete step, with a day)

What is one step you will take toward your giant this week, trusting God the way David did?

4. Who will I tell?

Who else is facing a giant, and when could you tell them this story?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

Pray

God, the giants in my life look unbeatable, but you are bigger than all of them. Give me David's courage — to face what frightens me trusting in you, not in my own strength.



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1 Samuel 17:32-51

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