

The road to Emmaus

Luke 24:3-35

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus do with the two on the road, and when do they finally recognise him?

2. What does it show me about people — and about myself?

What hope about your community have you quietly buried, the way they had?

3. What will I obey this week? (a concrete step, with a day)

Who will you walk with and listen to this week before you offer them an answer?

4. Who will I tell?

Who could you invite to a meal where the scriptures are opened?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, you walked with two people who had lost hope and you did not scold them — you opened the scriptures and broke bread. Walk with us the same way.



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