

The Lord's Supper

Luke 22:14-20

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus say the bread and the cup mean?

2. What does it show me about people — and about myself?

What does it mean to you that this was given for you?

3. What will I obey this week? (a concrete step, with a day)

How will you remember Jesus' sacrifice this week?

4. Who will I tell?

Who could join you in remembering the Lord together?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, thank you that your body was given and your blood poured out for me. Help me remember your sacrifice and live in that new covenant.



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