

Repent and believe

Mark 1:14-15

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus announce, and what does he tell people to do?

2. What does it show me about people — and about myself?

What does it look like for you to repent — to turn — right now?

3. What will I obey this week? (a concrete step, with a day)

What is one area you will turn from and trust Jesus with this week?

4. Who will I tell?

Who could you share this good news with?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Jesus, your kingdom is near. Help me turn from my own way and truly believe your good news today.
