

Love your enemies

Matthew 5:43-48

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus command his followers to do for their enemies, and what reason does he give?

2. What does it show me about people — and about myself?

Who is the hardest person for you to love right now?

3. What will I obey this week? (a concrete step, with a day)

How will you pray for that person this week, and what one good thing will you do for them?

4. Who will I tell?

Who might start asking about Jesus when they see you love an enemy?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

*Father, you send sun and rain on the just and the unjust alike.
Teach me to love and pray for the very people who have
hurt me.*



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