

Do not repay evil

1 Samuel 24:1-22

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What chance does David have in the cave, and why does he refuse to take it?

2. What does it show me about people — and about myself?

Who has wronged you in a way that makes revenge — even a small one — feel justified?

3. What will I obey this week? (a concrete step, with a day)

What act of revenge — a cutting reply, a piece of gossip, a favor withheld — will you refuse this week?

4. Who will I tell?

Who could you tell about a God trustworthy enough that we can leave revenge to him?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

*Lord, David had Saul in his hands and would not touch him.
When I get the chance to get even, help me leave justice in
your hands.*



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