

Trust Jesus as Lord and God

John 20:24-29

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Thomas demand before he will believe, and what does he confess when he sees Jesus?

2. What does it show me about people — and about myself?

Where do you find it hardest to trust Jesus without seeing?

3. What will I obey this week? (a concrete step, with a day)

What doubt will you bring honestly to Jesus this week instead of hiding it?

4. Who will I tell?

Who do you know who doubts — and how could you share Jesus' blessing on those who believe without seeing?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

*Jesus, like Thomas I sometimes doubt what I have not seen.
Meet me in my doubts, and let me say with him: my Lord and
my God.*



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