

“This kind comes out only by prayer”

Mark 9:14-29

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does the boy's father ask Jesus, and how does Jesus answer his 'if you can'?

2. What does it show me about people — and about myself?

Where do you hear yourself in the father's cry, 'I believe; help my unbelief'?

3. What will I obey this week? (a concrete step, with a day)

What situation that feels impossible will you bring to God in honest prayer this week?

4. Who will I tell?

Who is facing something impossible that you could pray with this week?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Lord, I believe; help my unbelief. Thank you that everything is possible for the one who believes — teach me to depend on you in prayer, not on my own strength.



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