

Jesus commands the unclean spirit

Mark 1:21-34

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

How do the people in the synagogue describe Jesus' teaching, and what happens when he commands the unclean spirit?

2. What does it show me about people — and about myself?

What does it mean to you that Jesus simply speaks and spirits obey — no struggle, no ritual, no bargaining?

3. What will I obey this week? (a concrete step, with a day)

What fear will you place under Jesus' word this week instead of carrying it alone?

4. Who will I tell?

Who could you tell about the One whose simple word even the spirits obey?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, even the unclean spirits obey your word. Thank you that your authority is greater than everything I fear — speak your word over my life today.



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