

Mary's song

Luke 1:39-56

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

In Mary's song, what has God done for the humble, the hungry, and the proud?

2. What does it show me about people — and about myself?

Which line of Mary's song sounds most like something your own heart needs to sing?

3. What will I obey this week? (a concrete step, with a day)

What has God done for you that you will stop and praise him for this week?

4. Who will I tell?

Who could you invite to celebrate with you what God has done — maybe to a Christmas gathering?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

God my Savior, my soul magnifies you like Mary's did. Thank you that you notice the humble, fill the hungry, and keep every promise you have ever made.



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