

The first to see him alive

John 20:1-18

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

The first person to see the risen Jesus, and the first one sent to tell about it, is a woman. What does that tell you about God?

2. What does it show me about people — and about myself?

Mary doesn't recognize Jesus until He says her name. What does this show you about grief — and about being known?

3. What will I obey this week? (a concrete step, with a day)

Jesus doesn't let her stay in the garden — He sends her. Where is He sending you this week, and with what message?

4. Who will I tell?

Who needs to hear you say it this week, by name — I have seen the Lord?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Jesus, You said her name and the whole world changed. Say mine. And send me the way You sent her — go and tell.

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