

Provision

Matthew 6:25-34

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

How does Jesus describe the way God cares for birds and flowers?

2. What does it show me about people — and about myself?

What are you most tempted to worry about providing for yourself?

3. What will I obey this week? (a concrete step, with a day)

What is one worry you will hand to God this week, seeking his kingdom first?

4. Who will I tell?

Who is anxious about tomorrow that you could encourage?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Father, thank you that you know what I need before I ask. Help me seek your kingdom first and trust you with the rest.

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